

Tallinn



Incentive

Incentive:

City Tour

7

**Arts &
Crafts**

9

History

11

**Gourmet
Delights**

13

Medieval

15

**The
Performing
Arts**

17

Nature

19

**Sea &
Islands**

21

**Being
Different**

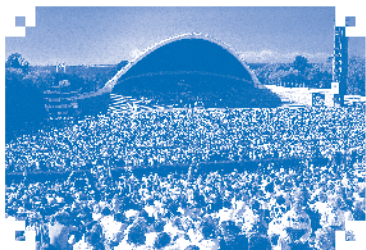
23

Adventure

25

City Map

27



Tallinn

Tallinn, a progressive, seaside city on Estonia's northern coast, is a truly fantastic place to visit. The city is small, yet surprisingly diverse, and its versatility creates a wide range of possibilities for unforgettable incentives. Here are a few key points that highlight what the city has to offer:

- Tallinn's extraordinary Old Town, listed by UNESCO as a World Heritage site, is one of the must-see attractions of Northern Europe.
- Tallinn will hold the title of European Capital of Culture in 2011.
- The city has a convenient, compact layout where nearly everything is within easy walking distance.
- Rich cultural and historical heritage.
- Beautiful seaside and nature areas can be found just 20 minutes from the city centre.
- Events are tailor made with our four distinct seasons in mind: the colourful autumn, snowy winter, blossoming spring and sunny summer.
- Free, wireless internet is available almost everywhere in the downtown area.

Though the experts keep pointing out that it's one of the most modern, high-tech capitals in Europe, Tallinn is most famous for its charming Old Town, where eight centuries of history come together to create a storybook neighbourhood of cobblestone streets, gabled houses, defensive walls and church spires. It's this unforgettable Medieval atmosphere, and the enchanted, festive mood it inspires, that makes Tallinn such a popular destination for travellers.

Estonian Song and Dance Celebration

This event is so popular and enormous it's only held once every five years, so rest assured that if you can arrange to be here at that time, you're in for an amazing experience. Following the tradition that started back in 1869 during the Estonia's period of National Awakening, the celebration involves thousands of choral singers, a lot dressed in national costume. Estonia is known as the "Singing Nation," and with good reason: it was expressing their national identity through song that brought Estonians together in their struggle for national independence prior to 1918, and again during the long period of Soviet Occupation (1940–1991). The joined choir usually reaches numbers of 18,000 people, while the whole Song Celebration team is comprised of 25,000–30,000 people. Meanwhile, the largest Dance Celebration of all times (the 9th) took place in 1970, with over 10,000 performers taking part. All following celebrations have had the more optimal 8,000 performers. The tradition and symbolism of Song and Dance Celebrations in Estonia has been listed by UNESCO as a Masterpiece of Oral and Intangible Heritage of Humanity.

Music, Estonian style

It's impossible for Estonians to talk about music, particularly choral music, without waxing nostalgic about our history. This is, after all, the country of the 1988 "Singing Revolution." Even today Estonia's most renowned composer, Arvo Pärt, orients most of his work toward choral music, though his minimalist style is radically different from the tunes our grandparents sang. To hear his works first hand, try to catch a performance by the Estonian Philharmonic Chamber Choir, or pick up one of their CDs in a shop.

Animation

Film buffs will be glad to hear that Estonia is home to a small but active animation scene. The most famous artist in the field is Priit Pärn, whose surreal, primitive-style works have been winning awards since the 1970s. More recently a series of films by Heiki Ernits and Janno Pöldma have become a success: "Tom and Fluffy," "Lotte," and "Ladybird's Christmas." Though the cartoons are made for children, they're loaded with philosophy that adults can appreciate. They're also available on DVD in English.



Estonian Sports

Organised sports in Estonia officially got its start in 1632 with the arrival of the first fencing master at the University of Tartu. But it was much later, in 1895 that sports finally came to the masses thanks to Estonian wrestler Georg Lurich, who won a world record in weightlifting that year. An instant national hero, Lurich toured the country, stirring up a national awakening in sports and sparking the formation of many heavy athletics clubs. After Estonia gained its independence in 1918, participation in Olympic Games was a way for the small nation to make its presence felt on the international stage. Estonia won its first Olympic Gold Medal in Antwerp in 1920, and since then has taken home gold a total of 26 times. Estonian athletes currently making headlines around the world include tennis pro Kaia Kanepi, cross country skiers Andrus Veerpalu and Kristina Šmigun, discus champion Gerd Kanter and the ever-popular Baruto, a rising star in Japan's professional sumo league. Today the most popular sports in Estonia are basketball, cross-country skiing, athletics and cycling.

Estonian Handicrafts

The most uniquely Estonian souvenirs you can bring home from Tallinn are examples of traditional Estonian handicrafts – beautiful, usually functional items created by hand following centuries-old methods. Knitwear of all types is popular: colourful jumpers, scarves, hats, socks, gloves and mittens can be found in a wide variety of patterns. Linen – both for clothing and for home décor – is also widely sold, as are household items made from leather, stone and wood. Keep a special eye out for products made from juniper wood, typically butter knives, sugar bowls and the like. Their delicate look and strong, sweet fragrance make them great gifts.

Marzipan

This heavenly confection made from sugar and almond paste has been a favourite Tallinn treat since the Middle Ages. In fact, local legend insists it was invented in Tallinn's famous Town Hall Pharmacy back in Hanseatic times. Nowadays handmade marzipan figurines, usually in the shape of cute, little animals, are available in larger food shops. The most interesting place to buy them however is in the historic Kalev Marzipan Room, where you can watch experts painting the figurines by hand, or take up a brush and try it yourself!

Estonian Food

Traditional Estonian food – the kind grandma serves up – has its roots in centuries-old village life with Scandinavian, German and Slavic influences thrown in. It's usually meaty, salty and rich. Favourites include *sült* (jellied pork served cold with a spot of mustard), *marineeritud angerjas* (marinated eel), *mulgikapsad* (sauerkraut stew with pork), Baltic sprats and *hernesupp* (pea soup). In winter daring visitors can try *verivorst* (blood sausage), a Christmastime speciality. And for dessert there's *kama*, a dish made from grains, powdered peas and sour milk.

Estonian Beer

Beer making has a long tradition in Estonia, going back to the mid-13th century when the first breweries were established in the larger villages. Soon beer was brewed in homes, abbeys and castles throughout the land, and became so common that fees and penalties were even paid with it. At the beginning of the 16th century, beer became a mainstay of Estonian farming culture, and was always brewed for major holidays and family events such as weddings, baptisms and funerals. Since then, all kinds of beer songs and beer-related jokes developed among the common folk, a tradition that continues to this day. There are currently seven breweries operating in Estonia, the largest and oldest of which is Saku Brewery, just outside of Tallinn.

An aerial photograph of a historic city, likely Tallinn, Estonia, featuring a dense cluster of buildings with red-tiled roofs, a prominent white church with a tall spire, and a large cruise ship docked in the harbor. The city is surrounded by lush green trees and a stone wall. The text "City Tour" is overlaid in white, serif font across the center of the image.

City Tour



City Tour

Hansabuss • www.hansabuss.ee

These audio-guided, double-decker bus tours are the perfect way to explore Tallinn in all its historic glory. Tallinn City Tour offers three different tour routes, with narration available in 10 languages. As you make your way along your route you'll hear what's worth visiting at the next stop and why. You can jump off at any stop you're interested in and, using the same ticket, catch the next bus to continue your tour. All lines depart from Viru Square in the heart of the city centre. Have a pleasant trip!

A Theatrical City Tour, Where Legends and History Awake

Restling • www.restling.ee

Do you like mysterious legends, history and surprises, all delivered with a touch of fun and a sense of humour? If so, let us take you on this unforgettable, alternative city tour! A professional costumed guide will lead you through the Hanseatic Old Town. Along the way you will meet Catherina Burckard in the Town Pharmacy; try some marzipan; meet Old Toomas, our legendary city guard; take a peek into the Dominican

Monastery, where a surprise will be waiting for you; and enjoy the beauty of St. Nicholas' Church.

On and Under the City Wall

Travel Expert • www.conference-expert.com

Discover Tallinn's Old Town in an exciting and unusual way. With the help of a local guide, you'll explore the underground tunnels that skirt the edge of Toompea hill. Built in the 1630s, they have served as hidden passages for soldiers, store rooms, air-raid shelters and shelters for homeless people. After



the underground tour it's time to climb the stairs to the Medieval town wall and get a look inside a couple defensive towers. The tour lasts approximately 3 hours and ends with a tasting of sweet almonds and the local liqueur.

Art & Handicraft Shopping Tour

Baltcoming (Estravel Ltd American Express Travel) • www.baltcoming.com

This engaging tour is your ticket to the rich world of Estonian arts and handicrafts. Along the way you'll be able to buy items directly from the artists, or simply watch the masters at work. You'll visit the Katariina Guild, a collection of several workshops lined up along one picturesque lane. Here artists create jewellery, patchwork, ceramics, stained glass, glassware and hats. After the tour you'll be offered a fine lunch or dinner at a local restaurant.

City Tour by Private Tram

Baltic Travel Group • www.btgroup.ee

Taking a tour of Tallinn on a private tram is a fantastic and unforgettable way to get familiar with the city. The tour takes you from the beautiful, romantic Kadriorg Park area through the modern city centre, then into the Soviet-style suburbs – a region you'd never get to see on a typical sightseeing excursion. To make the tour even more enjoyable, snacks and beverages are served on board.

Tour: Music Through the Centuries

East Express / Blue Drum • www.bluedrum.eu

'Music Through the Centuries' is a theatrical sightseeing tour where participants learn about Tallinn through music. By meeting different musicians in the city's various historic venues, the guests are provided with an excellent overview of what life in Tallinn and Estonia was like in times past.



Arts & Crafts

Express Yourself Through Art

Restling • www.restling.ee

This is an exciting art experience held in a unique, historic venue. Under the guidance of a professional painter, you'll be able to give your imagination full rein and really let your paintbrush fly! What's more, as you learn to channel your creativity you'll let your mind travel far away, escaping the banalities of everyday life. The bohemian milieu is further enhanced by tender melodies and wine.

Crafty Tallinn

PULP • www.pulp.ee

Centuries ago Tallinn was a bustling city full of craft shops and masters' guilds. These creative traditions have not been forgotten as you'll learn during this fun and relaxing day visiting the city's craft workshops. Among these are a glass shop with its glass-blowing show, a workshop specialising in marzipan, Tallinn's souvenir sweet, and a clay workshop headed by Estonia's most famous sculptor, Tauno Kangro. In addition to the wonderful memories, every participant also gets to take home a one-of-a-kind souvenir!

Kumu-ing

Event Masters • www.eventmasters.ee

Crack the challenging and exclusive Da Vinci Code at the Kumu art museum! This intellectual adventure is perfect for those who want to get away from their everyday routines without involving a lot of mud and sweat. The game, played in this massive art jungle, has proven to be an excellent team-building activity. It broadens creative minds and introduces participants to the most valued Estonian artworks, as well as to the most fabulous contemporary building in Estonia.

Sculpture Workshop

Travel Expert • www.conference-expert.com

This workshop is held in a very special place: a sculptor's studio built inside one of the Medieval towers in Tallinn's town wall. The workshop features a live model, and under the guidance of a professional sculptor, each participant will create his or her own figurine. The workshop lasts for about 2–3 hours, and when it ends the sculptures will be securely wrapped for the participants to take home.



Teamwork is Artwork

balticEVENT • www.balticevent.com

This is innovative team training through art. Using artistic expression and creative interaction, you will open yourselves to that creative artist who lives inside each and every one of us. Wine will give you extra inspiration, cheese and grapes will give you 'food for thought' and the teamwork itself will truly become artwork. (Suitable for groups of up to 200 people.)

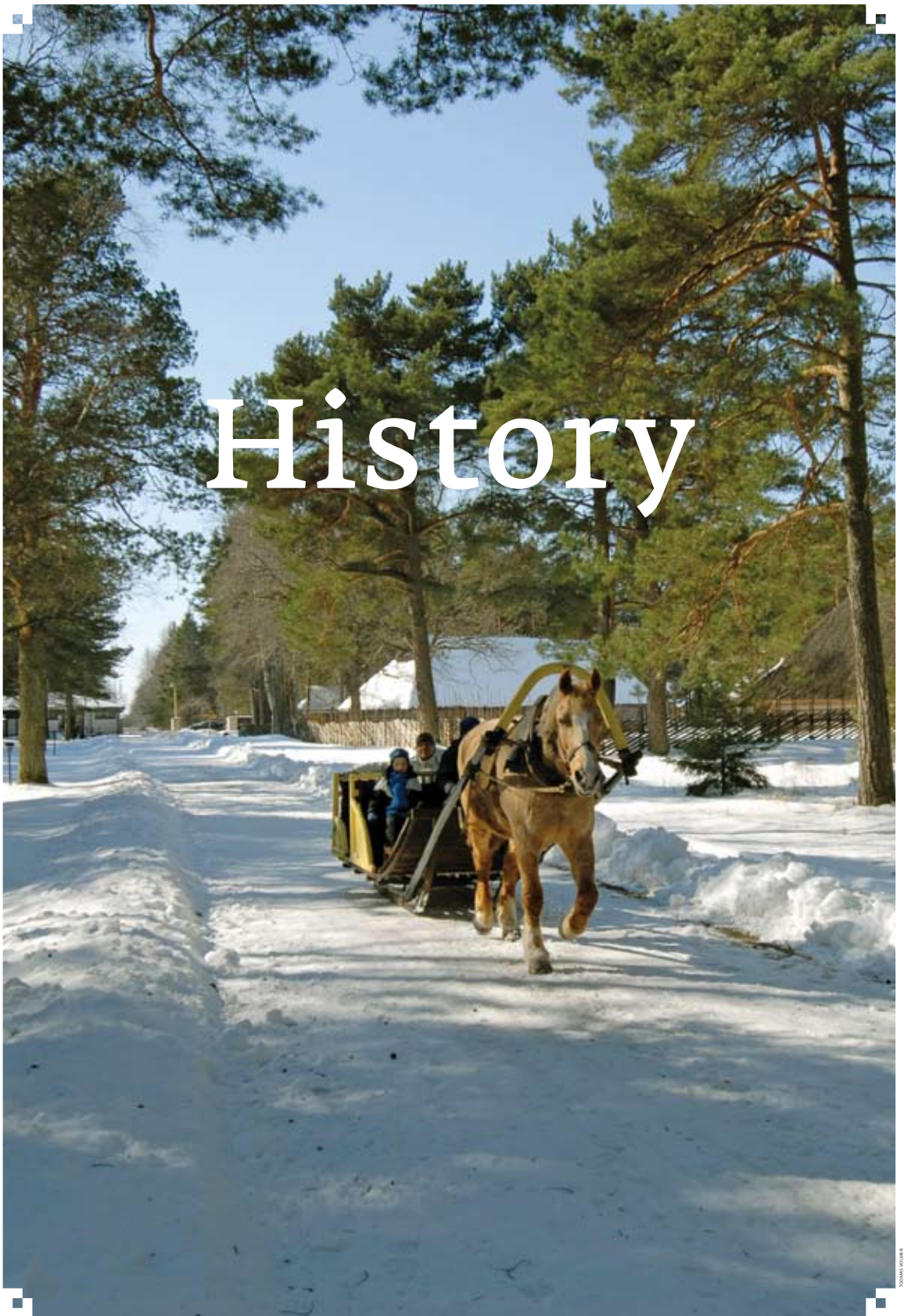
Making a Sculpture

DMC Estonia • www.dmcestonia.ee

Enjoy the unforgettable experience of taking part in a workshop led by Estonia's top sculptor, Tauno Kangro. In the studio you'll be working with a live model, and even if you've never tried sculpting before, you'll love this artistic challenge. Your creativity will be inspired by an artistic atmosphere, relaxing music, and friendly, professional instructions from the sculptor.



History





Fairy Tale in the Estonian Woods

Restling • www.restling.ee

Deep in the Estonian woods there is a small Viking village, like something out of fairy tale. To reach this special place you must gather up all your strength and prove that you are worthy to be treated as a Viking. There is only one way to get to the village: by canoe. Once there you will be greeted by a real Viking who will introduce you his people's way of life. Everything you see and taste will be authentic and original.

Living Legends of Monasteries

Eventus Group • www.eventusgroup.eu

Discover the treasures of the Harjumaa monasteries. This fun and informative programme has been created for open-minded people who are ready and willing to discover something new for themselves. The highly popular programme offers a rewarding experience that never fails to bring a few surprises. We make history exciting!

Time Machine Tour

Eventus Group • www.eventusgroup.eu

We cordially invite you to take an exciting trip in a time machine. But what exactly do we mean by 'time' machine? Neither dictionaries nor philosophers have been able to provide an exact definition of 'time'. That said, we'll give you the chance to travel through it, visiting Tallinn from the 8th to the 21st centuries. You'll witness different

historic eras and find answers to some eternal questions: Is time material? Why is it a 'relative idea'? Why does speed have a limitation? Can you slow down, speed up, or stop time? And finally you'll get a definition of time.

Bloodless Hunt in Saku Manor Park

Saku Manor • www.sakumois.ee

Test your skills with a bow and arrow during this fun-filled day at the beautiful Saku Manor Park, just 18 km from Tallinn. The grounds of the 17th-century Saku Manor are a romantic setting for learning basic archery techniques, something that can be easily picked up regardless of age, gender or athletic shape. After a short training session, a hunting competition begins in which participants score points by hitting game-shaped targets. The day ends with a Royal Gala Dinner in the manor house's ballroom.

An Estonian Village 200 Years Ago

balticEVENT • www.balticevent.com

If you want to see something authentically Estonian, take this journey back in time to experience village life as it was 200 years ago. You'll learn some amusing Estonian language tidbits at the village school, join the village choir, and contribute to the village labour force by milling or working as a

blacksmith. In the evening you can relax, dance and learn Estonian traditions at the village party.

Olden-era Gourmet Fishing

Event Masters • www.eventmasters.ee

A thrilling day awaits you at an old Estonian farmstead not far from Tallinn. Here you'll discover ancient Finno-Ugric fishing methods, Nordic cooking techniques and many other practices that were once a common way of life but have long since been forgotten. This event is designed for those who value the versatility of cultures, treasure centuries-old knowledge and want to learn from history.

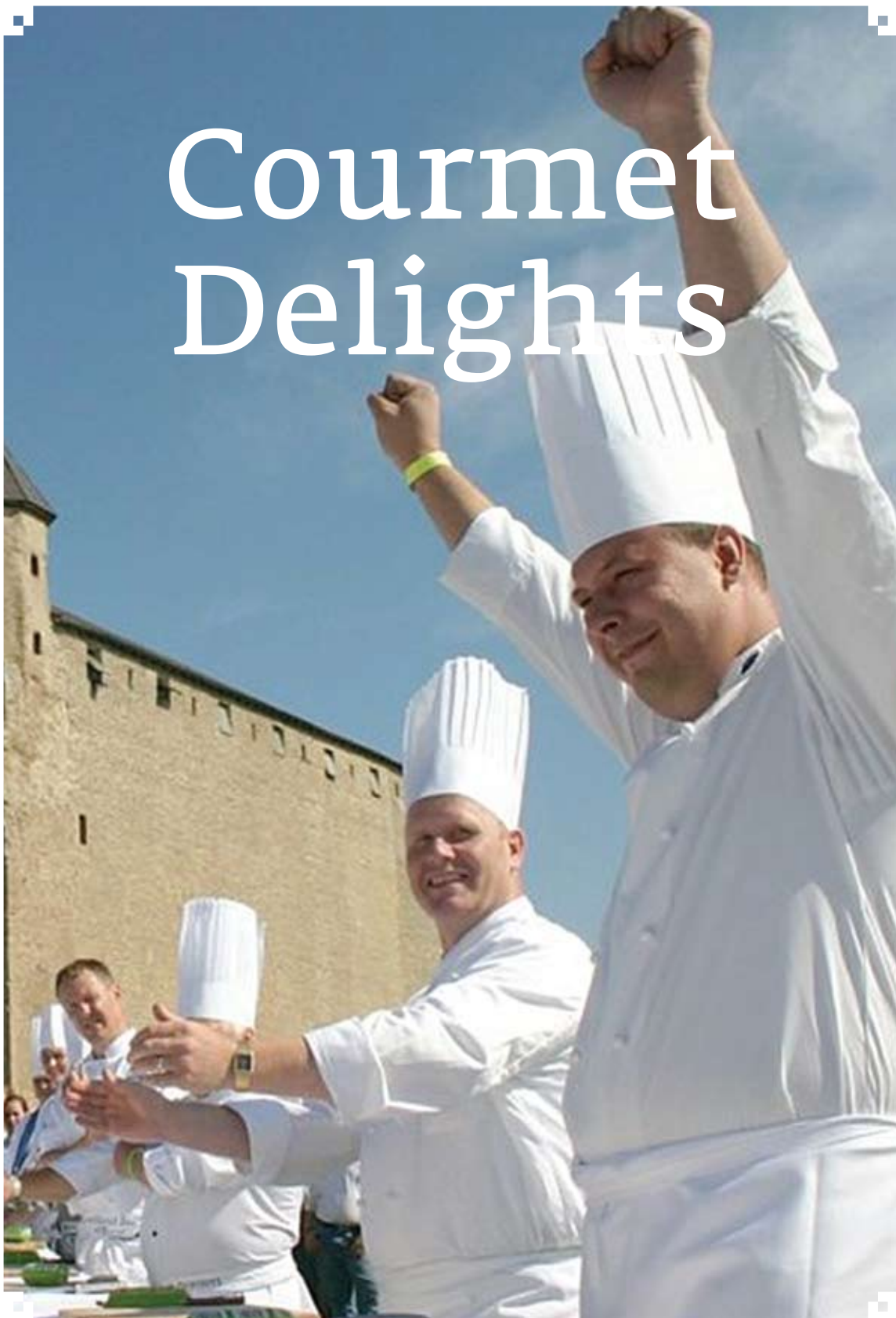
Estonian National Evening at the Open Air Museum

Restling • www.restling.ee

This lively, fun-filled programme takes place in the Estonian Open Air Museum, a 79-hectare expanse of seaside land just 15 minutes' drive from downtown Tallinn. The museum is home to unique collection of old farm buildings, windmills, water mills and other historic structures, all set up to show how Estonians lived centuries ago. The Estonian National Evening is a quality programme of traditional food and drink, folk dance performances, thrilling games and merrymaking. And of course everybody gets to dance!



Courmet Delights



Cooking Course and Cooking Show

Broadline • www.broadline.eu

You've all watched star chefs on TV, but in this culinary show, it's you who will be doing the cooking! You'll be helped along by a famous Estonian TV chef as you prepare international or local dishes, all in an enjoyable, cosy atmosphere. During the training course a proper lunch or dinner can be prepared and then savoured along with a specially selected wine. You can also participate in the gourmet session in teams, competing with each other for the title of Master Chef.

Local Beer and Wine Tasting

Baltcoming (Estravel Ltd American Express Travel) • www.baltcoming.com

Enjoy the best of Estonian beer and wine! Estonians have a strong tradition of beer making that goes all the way back to the 13th century, so naturally we can offer you a wide choice of local brews. And although grapes don't grow in Estonia, resourceful Estonians have still figured out clever ways to make wine. Estonian wine is like nothing you've ever had before. Have you ever tried cherry, strawberry, blueberry, black currant, apple or red currant wine? Don't miss your chance!

More than Just an Ordinary Dinner

Reval Hotel Olümpia • www.revalhotels.com

Don't be fooled by the champagne flutes, candles and whiter-than-white linen adorning the table: this is no ordinary dinner. Look around and you will notice how the flickering light from the candles creates a shadow play throughout the kitchen. The chef, in his pristine uniform, crafts little works of art right in front of your eyes. The Reval Hotel Olümpia's kitchen dinner is an exclusive opportunity for up to ten guests to enjoy fine dining at a beautifully laid table right



here in our kitchen. It includes a welcome drink, hors d'oeuvres and a menu chosen specially for the season.

The Secret of Special Evenings

Reval Hotel Olümpia • www.revalhotels.com

Evenings spent at the Reval Hotel Olümpia are ones you'll never forget. This is where age-old tradition comes together with modern luxury to form a relaxing interlude in your active life. It's something special which words alone are not sufficient to capture, something you simply have to try for yourselves. The secret will be revealed to you here on the second floor of the Reval Hotel Olümpia. At this cozy and engaging wine class, the Reval Hotels' best sommeliers will introduce you to unforgettable taste sensations and the secrets of the world's greatest cellars.

The History of Estonian Beer Started Here in Saku

Saku Manor • www.sakumois.ee

Estonian brewing traditions date back to 1820 when Count Karl Friedrich Reh binder built a distillery and a brewery on his estate in Saku, on the banks of the Vääna

River. Since then Saku's brew masters have continued producing high-quality beer using only the best local water, malt, hops and yeast. This beer traditions tour starts with the very origins of Saku Manor. After a Grand House Tour and lunch or dinner you will be taken to the Saku Brewery where you will learn facts about beer production. You'll finish off the day with tastings, beer training or an absolutely crazy 'Beer Afterparty'.

The Sweetest Workshop

Reval Hotel Olümpia • www.revalhotels.com

As everyone knows, when you're at a conference, the coffee break can often be the highlight of your day. Something sweet mid-seminar or a chocolate fix before the workshop – sometimes it's just what you need. Dark chocolate, coffee liqueur, whipped cream, cocoa powder and endless other ingredients will take on an entirely new meaning when you attend Reval Hotel Olümpia's truffle-making workshop, where our experienced confectioners will teach you a host of tasty tricks that even the biggest of sweet toothers could only dream of.

Creation and Experiments: Chocolate Alchemy

Eventus Group • www.eventusgroup.eu

Alchemy... This challenging science has eluded brilliant minds for centuries. Now the formula has been discovered. By mixing the finest ingredients we get that pure, sweet gold: chocolate.

During this experiment every guest will:

- Learn not only the story of this delicious product and the secret of producing it, but also the fact that chocolate has not always been so sweet and hard;
- Get the chance to taste and compare different types of chocolate and make suggestions about ingredients;
- Make his or her own unique sort of chocolate.

Medieval



How Did the Monks Live?

Broadline • www.broadline.eu

This game is designed to give you an exceptional glimpse into the lives of Medieval monks. It starts with a short initiation ceremony in which you'll choose your order and don the appropriate clothes. Then, working in teams, you'll find out how the monasteries were supported, and become acquainted with the historic sights and secrets of Old Town. The game requires creative thinking, artistic skill and some physical effort. It also works as an excellent Old Town excursion. In the end the grand prize will go to the winning team, but each and every participant will also receive a little souvenir.



O Tempora, O Mores

Restling • www.restling.ee

Not far from Tallinn you'll find an old castle that looks like something right out of a Medieval fairy tale. Here you'll dress up as knights and follow certain rituals as you're guided through the castle's history. Along the way you'll learn to read a short prayer in Latin, learn sword history and swordsmanship, attend an archery competition and much more. As part of these exciting activities you'll be welcomed into a Medieval tavern and treated to a rich feast. At the end of the day you'll even be dubbed as knights. Be loyal, be brave, and be true!



Medieval Team Building and Treasure Hunt

East Express/Blue Drum • www.bluedrum.eu

In this Medieval 'histotainment' (history + entertainment) adventure, participating teams are sent to find treasure at various Old Town locations: the Town Hall, the town wall, monasteries, guild houses, churches, taverns, underground tunnels, etc. At each venue they'll meet guides who entertain the group and give them special tasks related to town history.

Meeting Old Thomas and Searching for the Lost Key of Tallinn

Via Hansa DMC • www.viahansa.com

Your adventure begins with reception at House of Brotherhood of Black Heads hosted by the historical symbol of Tallinn, Old Thomas, the guard and flagman of Tallinn who has been keeping a watchful eye on the city from the Town Hall Tower since the middle ages. Thomas asks the group to help him find the key to the city, which he has lost. The group is divided into teams to search for the key in Old Town. While they compete against each other, they learn interesting and amusing facts about Tallinn.

Carnival – Mystery of the Old Castle

Eventus Group • www.eventusgroup.eu

This enchanting event is held in luxurious, Medieval surroundings. The fairytale carnival will give you a taste of the colourful life of Tallinn's 12th- to 15th-century nobility. Guests can take part in Medieval dances and hear beautiful songs from the past. The programme is also full of surprises like 'the mystery of water and fire', 'the mystery of sweetness', musical shows and much more. Dress code: Medieval costume and mask.

Master of Arts

Event Masters • www.eventmasters.ee

Need some luck in your life? Then come to Tallinn for this fortune talisman hunt and be the master of your own destiny! We invite you to explore the mysterious and captivating maze of Tallinn's Medieval Old Town, with its narrow cobblestone streets and 11th- to 15th-century residence houses. Here you can smell the scent of history, feel the spirit of Medieval knights, and hear the noisy merchants selling their goods in the crowded Hanseatic markets.

A large group of dancers in traditional folk costumes performing on a grassy field. The dancers are wearing white blouses with colorful embroidery and various styles of skirts, including red, blue, and striped patterns. Some are wearing red hats, while others have white headscarves. The scene is captured from an elevated perspective, showing the dancers arranged in a loose formation across the field. The background is a solid red wall.

The Performing Arts

Unique Estonian Folk Music Instruments

DMC Estonia • www.dmcestonia.ee

This specially designed programme by the folk-group Savijalakesed (Clay Feet) not only presents Estonian folk music and dance, it also introduces traditional folk music instruments, many of which have been fashioned from animal horns, bark, clay and other natural materials. During the performance spectators will get the chance to join in the dancing and try out these unique instruments.

Theatre Play

Broadline • www.broadline.eu

In this fun, drama-based exercise, your group will be taken to a local theatre and given the task creating short plays based on a pre-arranged theme. You'll be assisted in your efforts by real theatre professionals who will teach you the tricks of the trade, including special lighting and stage effects. All the actors get to dress up in the costumes they have chosen. Those who aren't members of the cast can help out backstage or watch from the audience.

“To be, or not to be” – Dinner on the Stage

Restling • www.restling.ee

We invite you to enter a black-box stage, where you are the artwork and your evening is the performance! A white table laden with your gourmet dinner serves the décor. The evening is led by a host who will be your guide to the world of theatre, introducing its rules, superstitions and magic. Come and be a part of the act!

Musical Workshop

Travel Expert • www.conference-expert.com

Everyone has music in their soul – sometimes it's just a matter of bringing it out! In this three-hour workshop participants get the chance to practice singing, danc-



ing and playing musical instruments. After a bit of rehearsal they'll look and sound like a real band!

The Crew – Acting and Action

Broadline • www.broadline.eu

Look out Hollywood! In this programme you'll be making a your very own short film, special effects and all. A theme for the film, such as 'The A-Team', will be decided well in advance. The day starts with a short acting course, an introduction to various roles and techniques, getting made over by professional make-up artists, choosing costumes and other preparation. Roles or crew positions are allocated to each group member, and the rest of the day is taken up with the film shoot. In the evening there will be a theme party where all the amusing outtakes will be shown.

“iLIFE” – Dr. Villu Veski Audiovisual Therapy

Broadline • www.broadline.eu

Sound and vision have a strong impact on our emotions and reactions. This iLIFE music concept created by Villu Veski, one of the most talented saxophone players in the Baltic region, lets people relax and regain their inspiration. In the unique audiovisual performance, the musician improvises with various instruments while his work is blended with computer-assisted background sound and visuals.

Musical styles include everything from dance-floor jazz to Brazilian to mystical Nordic rhythms, while video sequences include computer illustrations, nature shots and clips from the Golden Age of Jazz.

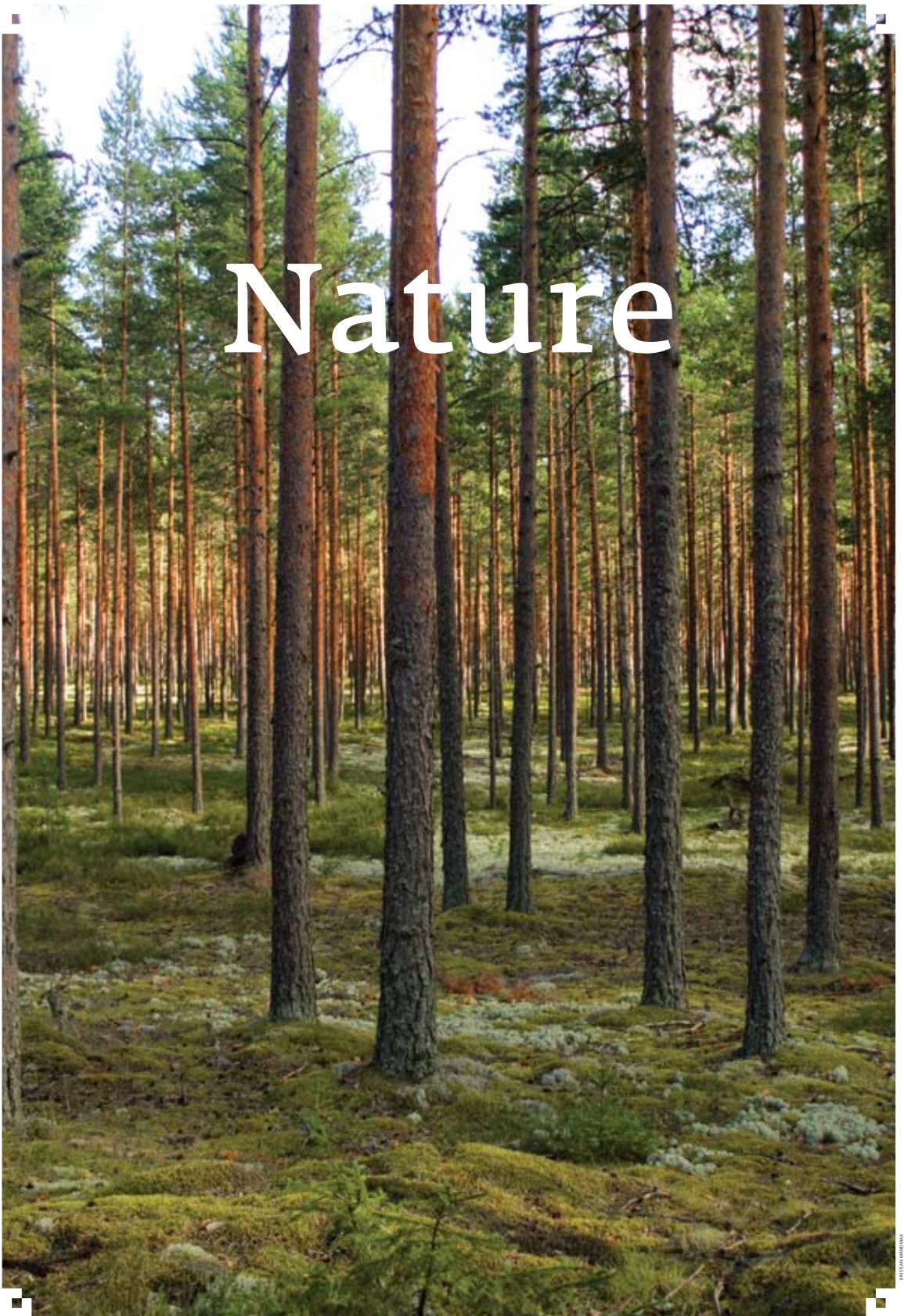
Children's Choir Concert

Baltic Travel Group • www.btgroup.ee

Estonia is known to the world as the 'Singing Nation', and with good reason. Choir music has defined the Estonians' identity from the time of first national song festivals in the 19th century right up to the 'Singing Revolution' that heralded the country's break from Soviet rule. Now you too can get a taste of this phenomenon by attending a private concert performed by a top children's choir. Founded in 2001, this choir has given more than 400 concerts all over the globe. Making the experience even more special, the concert takes place in one the Medieval houses of Tallinn's Old Town.



Nature



Estonian Countryside Day

Via Hansa DMC • www.viahansa.com

This day-trip to Lahemaa National Park is a great option for those looking for a relaxed and tranquil escape. Guests can tour the area's historical fishing villages and manor houses, hike through bogs and along the seaside, and sample traditional cuisine in an old village tavern. Options at the romantic Vihula Manor House Complex include sailing, archery, wine tasting, cocktail receptions, concerts, carriage rides, treasure hunts and an art workshop. Whatever you choose to do here, you'll never forget this charming getaway.

Sigapusma

Event Masters • www.eventmasters.ee

Put your mind to the test on the amazing swamp island of Sigapusma. But know this: Legend holds that no one has ever returned from there! On your journey to this godforsaken bogland you will battle the legendary Northern Frog, nibble on some ancient species dredged up from the bottoms of the deepest swamp lakes, fulfil primeval tasks with the help of the Northern Lights and travel back in time by a half a millennium. Don't be too frightened; this event is suitable for all types.



Green Estonia

balticEVENT • www.balticevent.com

Estonia is an incredibly green country, 20 percent of which is covered by beautiful peat bogs. If you'd like to relax, slow things down and enjoy the serenity of the Estonian countryside, then a trip to these wetland areas is just the thing. We'll make it fun, safe and easy. With the help of special equipment you can even walk right out onto the wetlands, and somewhere in the middle of the swamps there will be a surprise waiting for you to discover.

Exotic Night Trips in the Bogs of Soomaa

PULP • www.pulp.ee

On this excursion you'll experience the beauty of Soomaa's 8,000-year-old swamps and bogs in a truly unique way. During the daylight hours these pockets of untouched nature offer a wonderful opportunity to visit places where no one has ever before set foot. But on Estonia's warm summer nights they also make for an exotic and unforgettable canoeing experience. Everything seems different in the dark: there are things that cannot be seen, but can only be heard and imagined.

Bog Walking

Baltcoming (Estravel Ltd American Express Travel) • www.baltcoming.com

Almost a quarter of Estonia's territory is covered by wetlands, and according to local lore, witches have enjoyed the isolation of these bogs for centuries. On these amazing wetland walks, snowshoe-clad participants can safely visit damper parts of the bogs and listen to fascinating stories about Estonian wildlife.



An aerial photograph of a coastal landscape. The foreground and middle ground are dominated by a dense, lush green forest. A narrow, light-colored sandy beach runs along the edge of the forest, separating it from the sea. The sea is a deep, clear blue, with some white foam visible near the shore. The sky is a pale, hazy blue. The text 'Sea & Islands' is overlaid in the center in a white, serif font.

Sea & Islands



Olympic Regatta

balticEVENT • www.balticevent.com

Spend a fantastic day on Tallinn Bay, site of the 1980 Olympic Regatta. To get you into the true spirit of the Games, this Olympic-themed day starts with an opening ceremony, lighting of the Olympic flame included. Then you can learn real sailing secrets from professional skippers, or just sit back on board the luxury sailing yacht and enjoy the ride, the refreshments and the nice views of the city.

Fastboat Safari

Baltic Travel Group • www.btgroup.ee

Fast, fun and exciting – that’s what a ride on an RIB fastboat is all about! RIBs (Rigid Inflatable Boats) are some of the most versatile boats around. They’re used as rescue boats, patrol boats and work boats, as well as for racing, cruising and more. Adventurous people will definitely not want to miss



this ride. This sea-oriented activity is especially popular during the summer season but can also be enjoyed in spring and autumn.

Voyage to Small Islands

PULP • www.pulp.ee

Blue seas, good company, a comfortable yacht and real adventure all await you on this voyage to Estonia’s most beautiful small islands. The cruise will introduce you to Naissaar, Aegna and Prangli, each of which has its own unique habitat and history. Be warned though: those who visit them once always want to return for more! The trip can be made by either yacht or speedboat.

Fun Match Race

Baltcoming (Estravel Ltd American Express Travel) • www.baltcoming.com

Enjoy great views of the city’s skyline while racing a yacht on Tallinn Bay! Participants are divided into teams of two to five, and while the pairs of teams compete, their companions can cruise alongside and cheer them on. The racing is performed on competition yachts using the newest and best equipment available for learning to sail. In the sailing world the Match Race is an old favourite and is a terrific way to develop teamwork.

Treasure Island

PULP • www.pulp.ee

There is a treasure hidden on Aegna, Estonia’s very own pirate island. Until the 16th century, Aegna was ruled by real-life pirates, whose ghosts still haunt the territory today. Now you have the chance to relive those times and actually become one of those pirates. On your quest for the treasure you’ll have to overcome various obstacles and complete many tasks, feats that will require teamwork, wit and courage. And you’ll have to do all this faster than the other teams or risk losing the treasure!



Fascinating Naissaar

Estonian Holidays • www.holidays.ee

Naissaar, a small island and former military base just off the coast of Tallinn, is a place that’s rife with fascinating sights. While sailing out to the island you can sharpen your yachting skills and enjoy beautiful views of Tallinn by sea. Once there, Soviet Army trucks will take you to the island’s main points of interest: the ruins of a Russian imperial naval fortress, a village abandoned 60 years ago, and numerous Soviet military facilities. There’s even a narrow-gauge railway that’s still fully operational.



Being Different



Off-road Seminar

Event Masters • www.eventmasters.ee

Get your people out of their lecture rut! Lectures don't come cheap, so naturally you want them to have maximum results. Why not make your training day an exciting event, one where employees will be motivated to learn? With the Off-road Seminar, you can enhance the value of your training by offering several things in one package: seminars, team-building and recreational activity. The methods we use will help you achieve your goals. Take advantage of this opportunity if you want to make the most of your money!

Old Thomas Conference Break

East Express/Blue Drum • www.bluedrum.eu

An actor dressed as Old Thomas, the legendary town guard, enters the conference room. He has a key that opens up all the gates and hearts in town. Old Thomas talks about his life, makes a presentation about Tallinn history and teaches conference participants some crucial expressions in Estonian such as "Cheers!", "Hello!", "Please give me some beer", "You are so beautiful," etc. After the conference Old Thomas takes everybody on a walk through Old Town.

Dinner Entertainment: Viva Nations' Friendship!

East Express / Blue Drum • www.bluedrum.eu

Spend a truly authentic, high-class, Soviet-style evening complete with entertainment that reflects the many nationalities that lived in USSR. The programme includes Kazakh dancers, Georgian, Ukrainian, Byelorussian or Tatar singers, and Russian and Estonian musicians. And of course the KGB will be carefully monitoring everything the host tells his foreign guests. This is Soviet-themed 'histotainment' (history + entertainment).

Behind the Scenes – Your Event Team

Broadline • www.broadline.eu

Take this fantastic opportunity to create your very own groovy event! It might be 'Lights and Microphones Please!', 'Band Ready?' or 'MC Go-Go-Go!' In any case, you'll find yourself in a totally new situation where, together with your crew, you'll have to organize an event from the very beginning right up to the premier. Teams cooperate to come up with a final plan, which will then be rehearsed and put into action. At the end of the day you can sit back, relax and enjoy your event!

Bird Watching over Medieval Panorama

Event Masters • www.eventmasters.ee

Bird watching in Tallinn provides you with two great and unforgettable experiences – bird watching and town watching! Peninsula Paljassaare is well known as a paradise for bird watchers, and it is right in Tallinn! This incredibly beautiful peninsula with undisturbed nature has excellent conditions to do bird watching of the Baltic Sea as well as fully enjoy the astonishing view of Tallinn Old Town panorama. This package is designed for people who are fond of nature and take delight in old Medieval architecture of Tallinn.

Experience e-stonia

balticEVENT • www.balticevent.com

Tallinn may be a small city but it's surprisingly e-savvy. It's the hometown of Skype, its people are very technically-minded and all of its conference hotels offer free wireless Internet. First we'll set up your conference with impressive technical solutions. Then, after your meetings, we'll send you and your team out to explore Tallinn. Each group is given a special toolkit for their modern adventure in this Medieval city. Experience e-stonia!



Samurai Course and Team Building the Japanese Way

Broadline • www.broadline.eu

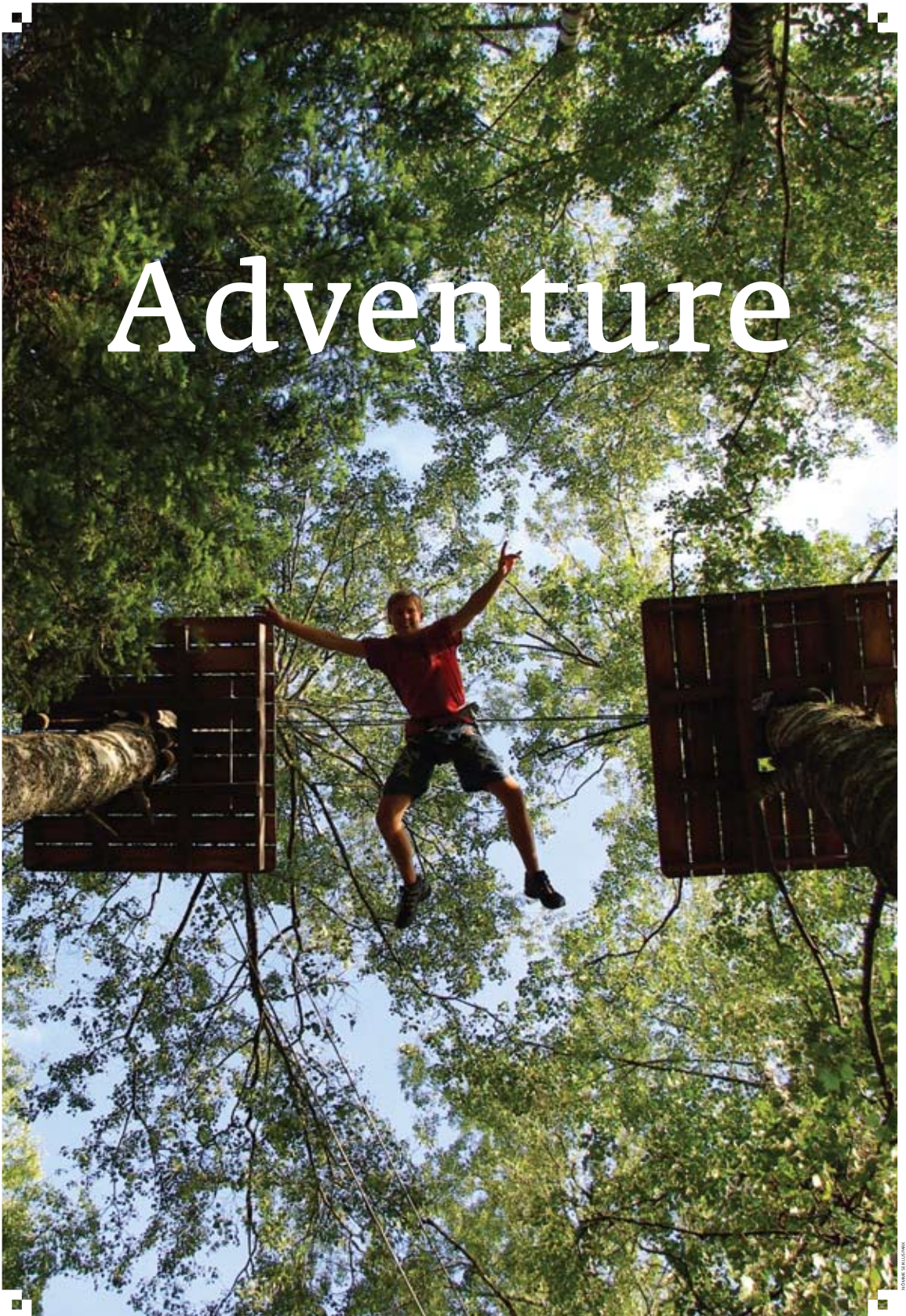
The ancient traditions of the samurai are based on seven guiding principles and base values. This half-day course will explain the ideas behind those values and how they relate to our everyday lives. As a result we can gain broader perspectives, change our attitudes and live a better, stress-free existence. The course is directed by Belgian karate and aikido master Mr Bert Van den Plas. It is excellent for team building as participants are taught how to value the real power of each person, react in difficult situations and tap into the hidden talents that we all possess.

Responsible Conference

balticEVENT • www.balticevent.com

Corporate Social Responsibility and the environment are high on the agenda of multinational companies these days. Tallinn offers you plenty of opportunities to meet your corporate responsibility goals while still having a great time with your colleagues. You can repaint a playground with the help of children from a local orphanage, plant a tree for each conference package you distributed, or raise money for charity by auctioning off artworks from your previous day's art workshop.

Adventure



Lifesaving Experience

Restling • www.restling.ee

Estonia lies in the temperate zone, which means our winter lasts at least three months out of the year. When the sea freezes over temperatures here can drop below 25°C. Sound cold and boring? It doesn't have to be! How about spicing it up with some ice-cold adventure? Our brave clients will be given a water rescue course and will then get the chance to try out their newly learned skills in a real-action situation. Special clothing and professional supervision are provided.



Prison Break: a Soviet-era Prison Adventure

Baltcoming (Estravel Ltd American Express Travel) • www.baltcoming.com

Tallinn's Patarei Sea Fortress and Prison is one of the best places in the world to explore Soviet-era prison life in all its gloominess. After breaking out of the prison, all participants are rewarded with a delicious picnic, held just outside the prison walls. From here on the shoreline you can admire breathtaking views of Tallinn Bay and Tallinn Harbour.

Dark Night Adventure for the Brave of Heart

Eventus Group • www.eventusgroup.eu

Short days ... long, dark nights ... miserable, rainy weather. In most places, these factors would be considered bad luck, but in this Tallinn adventure, they're the best kind of luck you can have! The object is to get noticed, to prove the strategising skills of yourself and your teammates by undergoing a series of challenging tests in stormy weather. The worse the weather, the greater the challenge. In the end, you'll find that nothing scares you anymore, and that bad weather isn't really so bad after all. In fact, bad weather is the friend of the true adventurer.

Velo GPS-ing in Tallinn

PULP • www.pulp.ee

Velo GPS-ing is a fun and unconventional way to get to know Tallinn and its most famous sights. But it's not just the sights that make this game exciting – it's how you reach them! A velotaxi is a small, three wheeled vehicle fuelled by human pedal power. Each team of two people will have a velotaxi with a driver, a map, a GPS device and a list of coordinates and questions. Your task is to find specific locations and answer questions about them. The team to finish first with all the right answers wins!

Incentive Programme: Turn Right or Left!

East Express/Blue Drum • www.bluedrum.eu

This customized programme lets participants race each other through the Estonian countryside in a wide variety of vehicles. Options include off-road rallies in Ladas, hovercrafts, horse sledges, Soviet jeeps and even Soviet armoured personnel carriers. After the competition, teams get to relax in a smoked sauna and sample Estonian cuisine.

St. Elmo's Fire

Saku Manor • www.sakumois.ee

St. Elmo's Fire is an adventure game specifically designed to be played in the dark of night. The game consists of 10 checkpoints, each with its own coffer. The teams' goal is to retrieve an object from each of them. Finding the coffers is no easy task. Every team member gets a headlamp, but there is no map to guide them – only an interview that contains the necessary clues. Every coffer lights up for 1–2 minutes after it's opened, so if you pay attention you can see where the coffers are. The game can be played from late September through January.





A Day at the Horse Races

Via Hansa DMC • www.viahansa.com

Feel your adrenaline rush as you take part in a real horse race at the Tallinn Hippodrome! Seated next to a trainer/driver, you'll speed down the track in a genuine racing sulky. Everyone will get a chance to compete. As in any racetrack event, there will be a constant overview from the loudspeakers, betting on horses and other group members, and an awards ceremony for winners.

UAZ Safari in Kõrvamaa

Estonian Holidays • www.holidays.ee

The jeep-like UAZ, a product of the Uljanovski car factory, was legendary among Soviet military commanders for being able to go just about anywhere. It can take you through rough terrain that would cripple most of today's so-called off-roaders. Your team's goal is to use your UAZ, a map and a GPS unit to find checkpoints hidden in the forest. The track is exiting, offering extreme, adrenaline-pumping experiences for everyone involved.

Amazing Race in Tallinn

PULP • www.pulp.ee

Your goal is to be the first to reach the target location. The catch: you don't actually know where the target location is. You only have a few clues, some tasks and a little

money to help get you there. It's a race against time. It's about making the right choices, working as one with your teammates, overcoming dangerous obstacles, being brave and being smart. In this adventure game there is no mercy. The clock is ticking, money is running out and just when you're almost there, another setback strikes. But you cannot give up. There is no way back!

Hovercraft Excitement

Baltic Travel Group • www.btgroup.ee

Get the thrill of your life behind the wheel of this versatile, go-anywhere craft that's fun to drive! A hovercraft can travel over land, water, mud flats and fields, and there are plenty of nice, broad landscapes near Tallinn where you can try it out. You don't need a

driver's licence, there are no age restrictions and no experience is necessary. Hovercrafts operate in any weather and can even be ridden at night. A great time is guaranteed!

Theme: Medieval; Sport: Ice-hockey

Baltcoming (Estravel Ltd American Express Travel) • www.baltcoming.com

Location: Tallinn's UNESCO-listed Old Town

Level of fun: High

Great for: Developing teamwork, closing a conference or other event

Healthy for: Mind, body and spirit

Level of originality: Very high

Availability: in winter

Other alternatives: Medieval curling

Estonian Winter Games

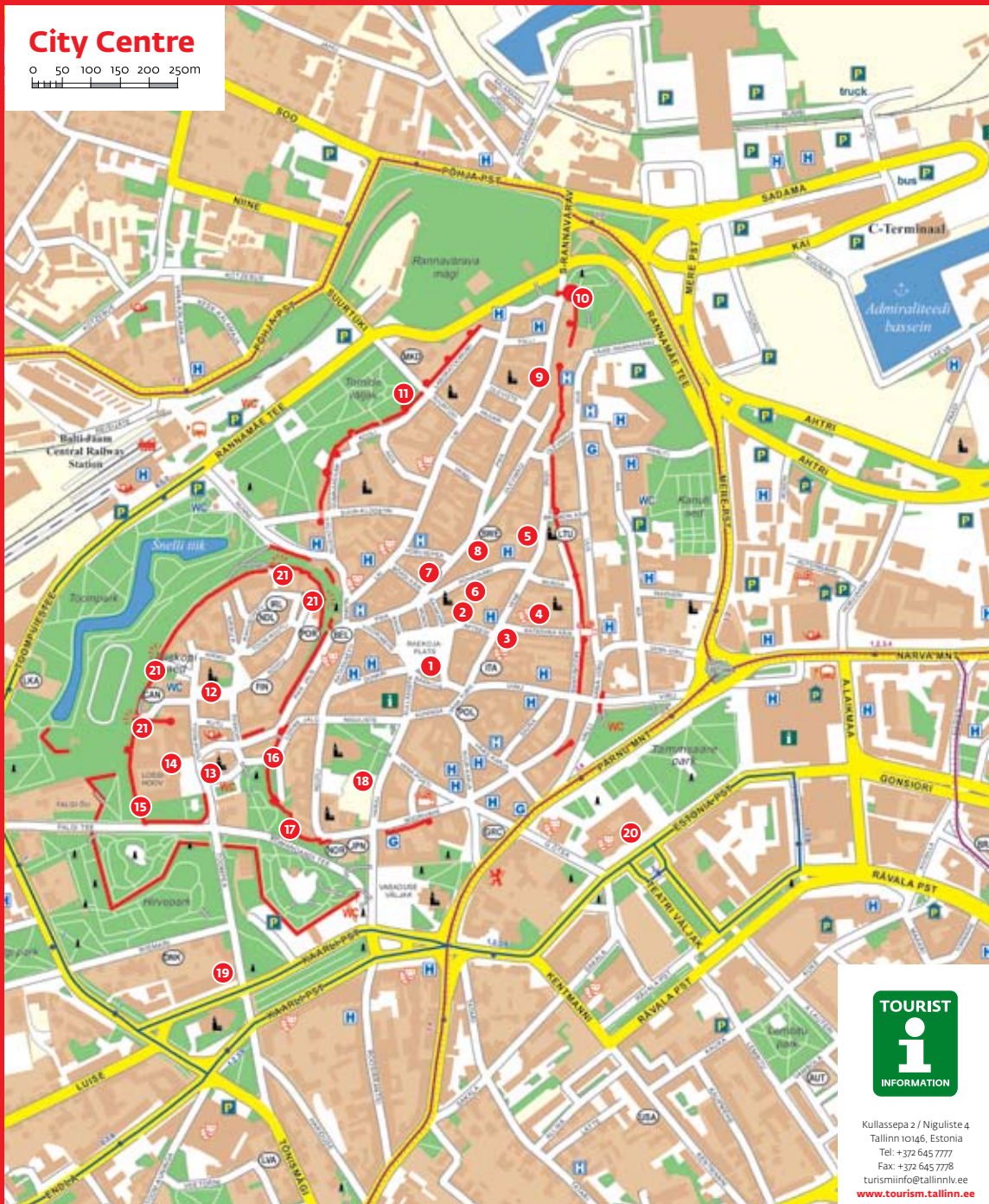
balticEVENT • www.balticevent.com

From December to February Tallinn is full of opportunities for winter fun. You can go snowmobiling or drive a real rally car on a winter track. You can build a snowman or create your company logo from snow and ice. You can play an unforgettable game of ice-cricket on a frozen lake or try curling in a former Soviet missile factory. You'll finish up your visit with a trip to a real Estonian sauna and, if you dare, plunge through a hole in the ice and have a swim!



City Centre

0 50 100 150 200 250m



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Attractions

- | | | |
|--|---|--|
| <ul style="list-style-type: none"> 1 Town Hall - Town Hall Square 2 Town Hall Pharmacy 3 St. Catherine's Passage 4 Dominican Monastery 5 Tallinn City Museum 6 Holy Spirit Church 7 Estonian History Museum – Great Guild Hall | <ul style="list-style-type: none"> 8 House of the Brotherhood of the Black Heads 9 St. Olav's Church 10 Fat Margaret's Tower 11 Town Wall with its defence towers 12 Cathedral of Saint Mary the Virgin 13 Alexander Nevsky Cathedral 14 Toompea Castle | <ul style="list-style-type: none"> 15 Tall Hermann's Tower 16 Danish King's Garden 17 Kiek in de Kök 18 Niguliste Museum 19 Museum of Occupations 20 Estonian National Opera and Estonia Concert Hall 21 Viewing platform (4x) |
|--|---|--|

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